



Discharge information for the parents when the child is being discharged following recovery from sedation

Your child was given sedation medicine called by mouth/placed in the cheeks or instilled in the nose in a dose of.....for the procedure/investigation on _ _ / _ _ / _ _ _ _ .

Timing of discharge:

Your child will be discharged home when they are fully awake and have had something to eat and drink. Most children are able to go home a couple of hours or so afterwards.

What to expect after discharge home:

Children are generally sleepier than usual for up to 24 hours after a sedation. This is because the effects of the sedative can last for about a day. Your child may have mood changes which can make him or her irritable. This is temporary. If your child is unduly sleepy or difficult to rouse, make sure he or she is in a safe position on their side and seek urgent help by calling 999.

Eating and drinking after discharge:

Make sure that your child can tolerate a juice drink before offering anything to eat. Give milk only if your child does not feel sick or vomit.

Monitoring at home:

Keep a close watch on your child until he or she is back to normal. Do not leave him or her with an inexperienced carer. If your child is taking any medications, please give this as normal.

Back to routine:

Your child should be well enough to go to school 24 hours after discharge from the hospital.

Contact details:

For advice regarding any concerns following discharge call Children's ward on telephone

The Trust endeavours to ensure that the information given here is accurate and impartial.

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If you require this information in another language, large print, audio (CD or tape) or braille, please email the Patient Information team at patient.information@ulh.nhs.uk